

Research Summary

Pressures that the Woman With Breast Cancer Suffers From & A Proposed Conception for Real Treatment Approach within the Method of Social Group Work to Face Them

Prepared by: Dr / Nadia Abd elaziz Hegazi

First: Study Problem & Importance:

Along with these rapid and subsequent changes that our current age witnesses, all people including the child, teenager, young or old man, man or woman, suffer from pressures. The woman who has cancer in general and the woman who has breast cancer in particular, suffers from pressures as she feels worried and nervous particularly when she knows that methods of treating this disease are either excising her breast (the mastectomy) which is one of the important organs of the body for women or chemical treatment which gradually affects her external appearance. This generates in her a feeling of inferiority and fear of confronting the surrounding community.

The Real Treatment Entry within the method of Social Group Work is considered one of these treatment entries through which we can face these pressures that a woman with breast cancer is exposed to.

Accordingly, this study problem has been identified in the significant question:

- What is the nature of pressures a woman with breast cancer suffers from?
- What is the proposed conception of the real treatment entry within the method of Social Group Work for facing them?

Second: Study Conceptions:

١. Pressures
٢. Breast cancer
٣. Real treatment

Third: Study Objectives:

١. Identifying the nature of pressures a woman with breast cancer suffers from.

- ϣ. Reaching a proposed conception for the real treatment entry within the method of Social Group Work for confronting these pressures from which the woman with breast cancer suffers.

Study Questions:

- 1) What is the nature of pressures from which a woman with breast cancer suffers? Out of this question, the following group of subsidiary questions arises:
 1. What is the nature of health pressures from which a woman with breast cancer suffers?
 2. What is the nature of family pressures from which a woman with breast cancer suffers?
 3. What is the nature of social pressures from which a woman with breast cancer suffers?
 4. What is the nature of economic pressures from which a woman with breast cancer suffers?
 5. What is the nature of psychological pressures from which a woman with breast cancer suffers?
- 2) What is the proposed conception for the real treatment entry within the method of Social Group Work for confronting these pressures from which the woman with breast cancer suffers?

Study Methodological Procedures:

1. **Study type:**
A descriptive and analytical study.
2. **Method Used:**
Social survey through sampling.
3. **Study tools:**
A basic tool which is a scale of pressures from which a woman with breast cancer suffers.
4. **Study Aspects:**
 - a) **Spatial field:**

Some tumor clinics in Fayyoun and Cairo governorates – (٤) tumor clinics

b) Human Field:

An intended sample of women with breast cancer amounting to (١١٠) individuals.

c) Time Field:

This study has been conducted during the period from ١/٧/٢٠١٢ to ١/١٠/٢٠١٢.

Study Results:

- This study has concluded the answer to the questions reported. The responses of the research individuals have been strong. The nature of health problems has been identified. They are represented in: fear of having operations necessary for the nature of this disease represented in mastectomy (excising breast), fall of head hair, being upset about exposure to some chemical substances, difficulty in attending different treatment sessions as well as feeling exhausted when exposed to radiation.
- The nature of family pressures has also been determined. They are represented in: performing family jobs due to illness, feeling familial awkwardness after being infected with cancer, the occurrence of a change in social roles within her family disturbs her after having this disease and she is annoyed by the ignorance of her family members after having this disease as well as her suffering from sexual difficulties with her husband after her illness.
- The nature of social pressures has also been determined. They are represented in: being upset about lack of social activities which she performs because of her illness, the difficulty in exchanging visits with her parents and relatives, weakness in her relations with her neighbors, lack of participation in social occasions as well as feeling sad about being unable to continue simple activities after having this disease.
- The nature of economic pressures has also been determined. They are represented in: The woman with breast cancer suffers from the rise in the cost of chemical therapy, the difficulty in providing some medicaments necessary for her disease, her suffering from the accumulated debts because of treatments costs as well as being upset about the occurrence of change in the living standard of her family due to the cost of her therapy.
- The nature of psychological pressures has also been determined. They are represented in: the difficulty in engaging in life, being irritable after her illness, being upset about her low standard of ambition in life after having this disease, having a lot of

disturbing nightmares, her permanent suffering from death worry, abnormal sleep after having cancer.

- A proposed conception for the real treatment entry within the method of Social Group Work for confronting these pressures from which the woman with breast cancer suffers has been reached.