ASSESSMENT OF QUALITY OF LIFE FOR WOMEN UNDERGOING IN VITRO

FERTILIZATION [IVF]

Thesis

Submitted for partial fulfillment of the master degree in Maternal and Newborn Health Nursing (Obstetrics and Gynecology Nursing) By

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> Faculty of Nursing Benha University 2015 ABSTRACT

AIM to assess the quality of life for women undergoing in vitro fertilization.

SETTING: The study was conducted at Hawaa private center at Benha city. STUDY: The descriptive design was used in carrying out the present study. A purposive SAMPLE of 60 women undergoing IVF treatment in the stage of succeeded controlled ovarian hyperstimulation. TOOLS of data collection consisted of an interviewing questionnaire sheet and Hopkin symptom checklist. **RESULTS**: More than two thirds of studied women were unsatisfied regarding physical fitness in the stage of succeeded controlled ovarian hyper stimulation. Also in this stage, there was significant difference between age groups regards the score percent of the physical fitness, social fitness, psychological fitness. While two thirds of studied women were satisfied regarding social fitness in the stage of embryo transfer. CONCLUSION: IVF had a bad effect regarding all domains in stage of succeeded controlled ovarian hyperstimulation. But studied women were more satisfied regarding physical ,social and psychological fitness in stage(II) than stage(I). **RECOMMENDATIONS:** Develop training programs by faculty of nursing staff regarding IVF for nurses working in fertility clinics to provide proper counseling services for the infertile couples and provide guideline intervention for women undergoing IVF.

Key words:

In vitro fertilization, quality of life