

Clinical interview for diagnosing adult's mental disorders: Arabic version emerged from DSM-IV-TR

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Abstract

This study aims at developing and validating a diagnostic tool for mental disorder in adults that is both simple and comprehensive. This tool prepared to assess most of first axis disorders and personality disorders in DSM-IV-TR (2004). It is an interview form could be used by psychiatrists and clinical psychologists to make diagnosis for patient's mental and psychological problems. To calculate the reliability and validity, the interview was used to diagnose a sample of patients, with various disorders (n= 40) in Elminia University hospitals. Some patients are hospitalized (n=36) and four patients drawn from out patients clinics. Inter-rater reliability which computed on 12 cases is (0.99). Criterion validity made by calculating the correlation between doctor diagnosis -as it shown in patients file- and that revealed by the interview, high correlation between these two diagnosis is found (r=0.97). Expertise validity evaluation revealed high level of agreement on the various items and subscales forming the interview. Some modification was made as the result of this step too. The results revealed that "the Clinical diagnostic interview for psychological disorders of adults" is accurate and adequately help in psychiatric diagnosis. The interview is effective also in revealing the co-morbidity of disorders in the patient and it was superior in identifying the subtypes of some diagnosis that the doctors give to the cases. The results are very promising and predict of an accurate, simple and comprehensive tool in diagnosing the common psychiatric disorders in adults. Recommendations about emphasizing the results in future researches are added.

Key words: mental disorders, Dsm-5, diagnostic interview.