

Abstract:

Research Title the relative contribution of the academic self-efficacy and future orientation in **prediction of** adjustment to university life.

The present study aimed at identifying the Relative Contribution of both the Academic Self – Efficacy and the Future Orientation (Career | Family) in Adjustment to university life among (224) students from the faculty of Education, Fayoum university. Three scales **were applied** to obtain study data are academic self – efficacy scale (prepared by researcher), the future orientation (career | family) scale (prepared by Seginer, 2009) translated by researcher, and adjustment to college scale (prepared by Robert Baker & Bohadaon,1984) translated by (Ali Abdel Salam), after verifying their validity and reliability.

The results showed that contribution of academic self – efficacy in **predicting** adjustment to university life and its dimensions (Academic adjustment, Social adjustment, Personal\ Emotional adjustment, and Attachment\ Goal Commitment) .the results also indicated that career future

orientation predicts academic, and Personal\ Emotional adjustment. While family future orientation wasn't predict with adjustment to university life.

Key Words: Academic self- Efficacy, Future orientation, Adjustment to university life.