

Quality of Life among Women with Polycystic Ovarian Syndrome

Thesis

Submitted for Partial Fulfillment of the
Requirements of the Master Degree in Nursing
Science
(Maternity -Neonatal Nursing)

By

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ABSTRACT

Polycystic ovary syndrome (PCOS) is one of the most common complex female endocrine disorders that offer no cure. . The symptomatology of PCOS in general causes a major reduction in the QOL of affected women the study **aim** was to assess the effect of polycystic ovary syndrome on Women's Quality of life. **A descriptive study** included **a convenient sample of 154** women with PCOS from Ain Shams University Maternity Hospital. **Two tools** were used for data collection; structured-interviewing questionnaire sheet, and health-related quality of life questionnaire for women with polycystic ovary syndrome (**HRQOL**). **The results revealed that** half of the studied sample developed poor total quality of life regarding Psychological, Physiological and Social QOL domains ,More than one third of the studied sample developed poor psychological QOL domain, more than one third of the studied sample developed poor Physiological QOL domain. and One third of women of the studied sample developed poor Social QOL domain .**The study recommended** that early detection of women with PCOS & effective management strategies for preventing and dealing with related psychological disturbances, **further researches** on larger sample size & other to increase women awareness about life style modifications to improve women's QOL through educational programs & brochures.

Key words: Quality of life, Polycystic Ovary Syndrome.