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# ***A Suggested program for Developing Family Counseling Skills of Social Workers in Family Disputes Offices***

As a prerequisite for getting Master Degree in Social WORK

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### **First :the problem of the study**

The family forms the basic nucleus of the social system, as it is considered the first cell from which society derives its structures, continuity, existence, constituents and creative energies, as it is the basic unit that plays the role of civilization, so the stability and cohesion of the family and the strengthening of its fabric are essential for carrying out its educational, social and developmental functions.

Whereas the rapid and successive changes and developments are the constant and unchanging fact whose repercussions have appeared on the Arab and Egyptian society, their impact on the society's systems, units and individuals, including the family as the main unit of any of the societies ,as the collapse of the family is a serious societal disaster.

Since social service is a humanitarian profession concerned with the technical and skillful performance of social workers in various fields of practice, achieving this performance works to remove difficulties and problems in front of clients and families.

Each profession has a set of principles, values, and techniques, and since family counseling is one of the specialized professions ,where family counseling is one of the most important professional specializations that deal directly with family issues and problems that affect the lives of individuals, and therefore the nature of this work requires sufficient scientific knowledge, techniques and high methods to achieve maximum effectiveness ,where the family guide to help individuals and families in solving their problems and achieve stability, compatibility and adaptability in their lives.

**Based on the above** ,and through reviewing previous studies related to the subject of the study, it becomes clear that it has become very important to need to reconsider the professional development that needs to be developed for social workers, which requires preparing their training programs, and then this study raises a number of issues to reach Achieving its ultimate goal represented in identifying the most important knowledge and skills needs as well as methods for them to provide them with family counseling skills with cases of marital disputes, as well as identifying obstacles that prevent social workers from using marriage counseling for family counseling.

## **Second :Importance of the study**

### **The importance of the study is clear in several basic points:**

- 1- The importance of the family as a social institution through which the individual in particular ,and society in general , is formed.
- 2- The importance of family counseling as one of the most important professional specializations that deal directly with family issues and problems.
- 3- The family guide as a specialist in using the principles of guidance and techniques to assist individuals and families in a solitary or group form to solve problems and achieve stability, compatibility and family adaptation.

## **Third :Objectives of the study**

### **This study seeks to achieve two main goals:**

- **The first main objective:** to determine the needs for developing the skills of social workers to use family counseling in cases of marital disputes.

### **It stems from this goal set of sub - goals ,namely:**

- 1- Determine the family counseling knowledge necessary to deal with family disputes.
  - 2- Determine the family counseling skills necessary to deal with family disputes.
  - 3- Determine the methods of family counseling necessary to deal with family disputes.
  - 4- Define the professional roles of social workers associated with family counseling to deal with family disputes.
- **The second main objective:** to identify the obstacles preventing the use of family counseling by social workers working in marital conflict offices.

### **It stems from this goal set of sub – goals, namely:**

1. Defining the administrative and organizational obstacles that prevent the social workers working in family conflict offices from using family counseling with marital conflict cases.
2. Obstacles facing social workers and preventing their use of family counseling in family disputes offices with cases of marital disputes.

3. Constraints relapsing cases pain performances on family disputes offices and prevent the use of social workers working in the offices of marital conflicts with conflict situations, marital.

**The second main objective:** to arrive at a proposed program for developing family counseling skills for social workers in family conflict offices.

**The third goal:** to arrive at a proposed program for developing family counseling skills, social workers in family conflict offices.

#### **Fourth :questions of the study:**

- **The first key question:** What are the requirements for developing the skills of social workers to use constructive family counseling in cases of family disputes?

**From this question emerges a set of sub-questions, namely:**

1. What are the cognitive needs of social workers working in family dispute settlement offices to use constructive family counseling with family disputes?
2. What are the skill needs of social workers working in family dispute settlement offices to use constructive family counseling with family disputes?
3. What methods of family counseling are necessary to deal with family disputes?
4. What professional roles should a social worker play during family counseling sessions for a contested couple?

- **The second main question :** What are the obstacles that prevent the use of social workers working in family disputes settlement offices?

**From this question emerges a set of sub-questions, namely:**

1. What are the obstacles (administrative and organizational) that prevent the use of social workers working in family dispute settlement offices, family counseling with cases of family disputes?
2. What are the obstacles for social workers and prevent the social workers working in family dispute settlement offices from using family counseling with cases of family disputes?
3. What are the obstacles that hinder the cases presented to the family dispute settlement offices and prevent the use of family counseling by social workers with cases of family disputes?

#### **Fifth : Study concepts**

**The researcher based in this study on two basic concepts:**

- 1- The concept of family disputes.
- 2- The concept of family counseling.

### **Seventh: the theoretical basis of the study**

The researcher based this study on a major premise: the theory of constructive family therapy.

### **Eighth: The methodological procedures for the study**

- 1- **Study type:** Belong to this study, the pattern of studies "descriptive analytical " which seeks to describe urges night needs necessary to develop the skills of social workers for the use of family counseling constructivist with cases of family disputes from order to reach a training program for the development of the skills of social workers towards the use of family counseling.
- 2- **The method used:** The researcher relied on using the social survey method with a sample of a sample of social workers working in family dispute settlement offices, and " experts " from university professors and academics at Fayoum University colleges , and field experts.
- 3- **Fields of study:**
  - (a) **Spatial area :**family dispute settlement offices of family courts at the level of Fayoum governorate and the number (6) are as follows: (Bandar Fayoum - Fayoum Center - Obcoay Center - Senoras Center - Tamiya Center - Atsa Center).
  - (b) **The human sphere:**
    - **For specialists :**A sample of (50) individuals from the social workers working in family dispute settlement offices.
    - **For experts :**a sample of (30) women from the field experts and university professors.
  - (c) **The time domain:** the period of the study, both theoretical and field.
- 4- **Study tools :**

**In this study ,the researcher relied on using two basic tools:**

  - (a) A questionnaire applied to social workers in family conflict offices.
  - (b) Expert Interview Guide.

### **Ninth : The study results**

#### **Results related to answering the study questions:**

- **Results of the first main question:** What are the needs for developing the skills of social workers to use constructive family counseling with cases of family disputes?
- Results for answering the first sub-question: What are the family counseling knowledge needed to deal with family disputes?

**Results of the answer (a): knowledge of marital conflict resolution method:** It was clear that the responses of the study sample came at a high level, as the weighted average reached (122) and with a relative strength of (81.3%).

**The results of the answer (b): knowledge about the nature of dealing with spouses:** It was clear that the responses of the study sample came at a high level, as the weighted average reached (113.6) and with a relative strength of (75.7%).

**Results of the answer (c): knowledge about the nature of work with family conflict situations:** It was clear that the responses of the study sample came at a high level, as the weighted average reached (119.1) and with a relative strength of . (79.4%)

- **Results for the answer On the second sub-question: What are the family counseling skills necessary to deal with family disputes?**

**Results for answer (a): special skills management dialogue:** It turns out that the study sample responses were high where it reached a level for the average weighted (125.5) and the relative strength of (83.7%).

**Results for answer (b): special skills to provide advice:** It turned out that the study sample responses came a high level where it reached a' s average weighted (118.6) and the relative strength of (79.1%).

**Results for answer (c): special skills to deal with the resistance guided:** It turned out that the study sample responses were high where it reached a level for the average weighted (123.8) and relative strength stood at (82.5%).

**Results for answer (d): special skills in ways to settle the dispute between the couple:** it turns out that the study sample responses came a high level where it reached a' s average weighted (118.8) and relative strength stood at (79.2%).

- **Results for answering the third sub-question: What methods of family counseling are necessary to deal with family disputes?**

**Results for answer (a): professional methods:** It turned out that the study sample responses were high where it reached a level for the average weighted (125.7) and relative strength stood at (83.85%).

**Results for answer (b): technical methods:** It turned out that the study sample responses were high where it reached a level for the average weighted (119.3) and relative strength stood at (79.5%).

- **Results for answering the fourth sub-question: What are the professional roles that a social worker should play during the family counseling sessions of a disputing couple?**

**Results for answer (a): the roles he performs before the interview:** It turned out that the study sample responses were high where it reached a level for the average weighted (119.9) and relative strength stood at (79.9%).

**Results for answer (b): the roles played by them during the interview:** It turned out that the study sample responses were high where it reached a level for the average weighted (129.1) and strongly relative amounted to (86%).

**Results for answer (a): roles after the interview:** It turned out that the study sample responses were high where it reached a level for the average weighted (131.6) and relative strength stood at (87.7%).

**The main results of the second question ) :the dimension of**  
the second , ( which is the  
obstacles that transformation without developing  
the skills to use counseling and family I have specialists  
and social workers in the offices of dispute settlement family?

**Results for answering the first sub-question: What are the administrative and organizational obstacles that hinder the performance of the social worker in the Office of Marital Disputes?** It turned out that the study sample responses were high where it reached a level for the average weighted (71.8) and relative strength stood at (47.9%).

**Results for answering the question of sub – second: What obstacles relapsing social workers themselves?** It turned out that the study sample responses were high where it reached a level for the average weighted (77.4) and relative strength stood at (51.6%).

**Results for answering the third sub-question : What are the obstacles that hinder cases submitted to family conflict offices?** It turned out that the study sample responses were high where it reached a level for the average of the weighted (67.4) and strongly relative amounted to (45%).