

**The effectiveness of the brainstorming technique
from the perspective of social group work in
developing positive thinking for university youth**

Summary

The current study aimed to verify the success of the personal storming technique from the social group work in developing positive thinking among university youth. The study demonstrated the experimental application through designing a communication group (control and experimental) consisting of 10 parts of second-year students at the College of Social work.

The results of the study concluded: There is a relationship between the use of brainstorming techniques and the development of positive thinking for university youth. The results of the study also confirmed that university youth have a pessimistic outlook on the future and are in need of attention and support.

The brainstorming technique is an appropriate and good method to bring about a change in the thinking of university youth. Finally, using the brainstorming technique in the service of the group has achieved a weak change in the positive thinking of university youth in terms of developing their optimistic future outlook.

Keywords: The brainstorming – Group social work - positive thinking

