

Positive Psychology and its Clinical, Social & Criminal Applications

Abstract

This research aimed to study a new branch of psychology which appeared in 1998 by Seligman Prof of psychology at Pennsylvania University. He tried to transfer psychologists' interests from studying negative traits and disorders to study positive and good traits for individual and society this will be natural immunity for overcoming problems and disorders which faces the individual and society. This research tried to show and discover the efficacy of positive psychology in a lot of psychological fields such as educational, industrial, vocational, political, commercial, economical and clinical psychology. Positive psychology plays an important role in clinical field especially in development, prevention, positive counseling and positive psychotherapy. This research also aims to show the social applications of positive psychology and how can we improve social relations between individuals in the society and improving social networks, positive and forgiveness tendencies between individuals. This research also focusing in criminal field and how can we develop positive sides and discovering natural immunity that will prohibit the criminal returning to crime and delinquency.

*بحث منشور بمجلة السلوك البيئي يناير (٢٠١٥) م
٤٢٤ - ١،٣٧٩ ع،٣