

Form No. (٤)

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Degree: ...Master

*Title of Thesis: Internet addiction and its Relationship to the
Quality of life and Marital Satisfaction for a sample of Married
People: (A Comparative Study)*

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ABSTRACT

The current study aims to answer a fundamental research question: Is there a statistically significant relationship between Internet addiction and each of the quality of life and marital satisfaction in a sample of Married People ? The study also aims to find out the differences between internet addicts and non-addicts of the internet in both quality of life and marital satisfaction. The study was conducted on a sample of (٧٠) of Internet addicts and non-addicts of the internet, male and female couples and married in the age group (٢٥-٤٥) years, provided that the length of marriage is two years, and providing education level is the average. The sample was divided into two groups: The first group, consisting of (٣٥) of the internet addicts, the second group, consisting of (٣٥) is non-addicted to the Internet. The sample were classified by their scores on a scale of internet addiction, and the number of hours they spend in front of the Internet.

In order to verify the hypotheses of the study, the following tools were applied:

١. Internet Addiction Scale By/ Fatma Barakat (٢٠١١)
٢. Diagnosing the quality of life standards Scale By/ Zeineb Shokeir (٢٠٠٩)
٣. Marital satisfaction Scale By/ Viola Elbiblawy (١٩٨٧)

The most important findings of the study were as follows:

١. There is a negative statistically significant relationship between scores internet addiction and each of the dimensions of quality of life (the greater use of the Internet, the less pleasant the quality of life).
٢. There is a negative statistically significant relationship between scores internet addiction and each of the dimensions of marital satisfaction.
٣. There are statistically significant differences between mean scores of internet addicts and non-addicts of the Internet on the quality of life scale for the benefit of non-addicts of the Internet.
٤. There are statistically significant differences between mean scores of internet addicts and non-addicts of the Internet on marital satisfaction scale for the benefit of non-addicts of the Internet.

Key words: Internet addiction, Quality of life and Marital Satisfaction.