

عنوان البحث:

Difficult to treatment asthma, is it really asthma? Is it really difficult?

## **Abstract:**

Introduction: With the judicious use of inhaled corticosteroids (ICS) and B2 agonists most patients with asthma are easily controlled and managed. However, approximately 5–10% of asthmatics did not respond to standard therapy and are classified as "difficult to treat asthma, DTA". Manyfactors can contribute to poor response to conventional therapy.

For these patients, a systematicapproach is needed to identify false (non-genuine) DTA from true (genuine) intractable DTA. It is essential to sort through and address the above issues before reverting to other therapy.

Objectives: The aim of the present study is to evaluate a systematic approach to identify thepatients of false (non-genuine) to true (genuine) DTA and to recognize the underlying different precipitating factors.

<u>Conclusion:</u> In apparently DTA there is a high prevalence of false (nongenuine) cases. Identification and management can be achieved by detailed systematic assessment.