Lung rockets & pulmonary functions

Summary:

Abstract: The ultrasound (US) of the chest is useful in the diagnosis of different parenchymal, pleural and chest wall diseases.

The ultrasound is preferred because no radiation is used (safe during pregnancy), not expensive, easy portability, real time imaging and the ability to make a dynamic imaging.

Aim:

This study aimed for the correlation between B-lines and spirometry, arterial blood gases (ABG) , 6-minute walk test (6MWT) and pulmonary artery systolic pressure (PASP).

Design: A prospective study.

Setting: Fayoum university hospital in Egypt between January 2017 and June 2017.

Subjects and methods:

This study was done on 60 patients with DPLD. They were undergone to a full medical history, a detailed clinical examination, high resolution computed tomography (HRCT), echocardiography, arterial blood gases analysis, Spirometry, 6M WT and chest ultrasound.

Results:

The studied group showed female predominance 54 patients (90%) with wide range of age 20 to 75 years and its mean was (47.5 ± 13.6) years.

Most of them were breeding birds, exposed to biomass and nonsmokers. The studied patients had bilateral B-lines. The number of B-lines was positively correlated with PaO2, 6MWT, forced vital capacity (FVC) and PASP while the distance between B-lines was inversely correlated with each of PaO2, numbers of B-line, 6MWT, FVC and PASP.

Most of patients had irregular and thickened pleura (71.6%) and abolished lung sliding in (51.6%).

Conclusion:

Chest ultrasound may be used in evaluation of diffuse parenchymal lung disease (DPLD). Multiple B-lines with thickened and irregular pleural line are suggestive of DPLD.

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