#### Faculty of Medicine Critical Care Medicine



Study of Airway pressure release ventilation versus low tidal volume ventilation in hospital outcome of acute respiratory distress syndrome

### A thesis

For fulfillment of MD degree in Critical Care Medicine

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**ABSTRACT** 

Acute respiratory distress syndrome (ARDS) continues to be a major cause of morbidity and mortality although lung-protective low-tidal volume ventilation (LTVV) is widely accepted as the standard of care,

clinicians have reported the successful use of alternate modes, such as

airway pressure release ventilation (APRV),

Aim and objectives; to evaluate the application of Airway pressure

release ventilation (APRV) compared to low tidal volume strategy in

management of acute respiratory distress syndrome and the effect of both

on predicting outcome.

methods; the study enrolled (100) patients diagnosed ARDS

patient in the Critical Care All patients will initially have ventilated with

volume assisted-control ventilation (VCV) Ventilator prior to

randomization to the APRV study or low tidal volume strategy.

Result; There were significant difference between both groups as

regard PaO2(3) it increase in group A than group B with Value (0.003)

and P/F (3) according to Mortality There were no significant difference,

28 (56%) alive, 22 (44%) died in group Aand22 (44%) alive, 28 (56%) died,

in group B.

**Conclusion;** APRV can be used safely in ARDS without adverse effects on hemodynamics or arterial blood gases; moreover, it can significantly improve oxygenation. Also, APRV use less dose of sedatives in comparison to conventional ventilation. However, APRV has no advantages over conventional ventilation regarding mortality outcome hospital.