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Insulin like Growth Factor-1 in Children with Cerebral Palsy

Abstract

Aim: The aim of the study is to assess insulin like growth factor-1 (IGF-1) as a possible non-nutritional factor for growth retardation in children with cerebral palsy (CP)

Methods: Forty children with cerebral palsy and forty age-matched controls were enrolled. For all, serum IGF-1 & Ca level were measured by enzyme-linked immune sorbent assay (ELISA)

Results: There was a statistically significant difference between cases and controls regarding IGF-1 with p-value <0.0001. Also, there was a significant difference in IGF-1 in relation to the height between stunted & normal with p-value 0.022, but there was no significant difference between patients and control regarding blood calcium level **Conclusion:** Insulin like growth factor-1 deficiency is a possible non-nutritional factor for growth retardation in children with cerebral palsy (CP) especially stunted children