

Fat injection for restoration of facial volume and aesthetics versus conventional facelift surgery

Abstract

Facial rejuvenation has increased in demand recently. Standard facelift surgery has been challenged by more recent, less invasive techniques; those are heralded to provide a safer and cheaper alternative to selected patients. In this work, we compare simple fat grafting to a full facelift procedure. Patient satisfaction scores were statistically significantly higher in the fat graft group, while surgeons' satisfaction was comparable in both groups. Complication rates were higher in the full facelift group. Blepharoplasty combined with lipofilling seems to be an effective and satisfactory means for facial rejuvenation in suited female patients.