البحث الخامس

<u>عنوان البحث :</u>

المشاركة في البحث:

وصف البخاخات الموسعة للشعب الرءوية هل هناك ا ختلاف بين أطباء الأمراض الصدرية والأطباء الاخرين؟

Prescription of inhalers among Pulmonologists & non-Pulmonologists, is there a difference ?

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## Abstract

**Objectives** to evaluate prescription and assess knowledge and practice of doctors who can deal with asthma and COPD patients, regarding inhalation therapies and inhalation techniques.

**Methods:** A prospective, cross-sectional survey study carried out on physicians from different specialties who can deal with asthma and COPD patients.

**Results:** 443 respondents completed the questionnaire. Ninety percent of the non-Pulmonologists said that they frequently see and manage patients with chronic pulmonary diseases. Twenty-five physicians reported that they never prescribe inhaler medications. The commonest cause of non-or little prescription was that "the patient refuse to use inhalers" (42.0 %). The respondents were pediatricians (37.3%), and internists (33.7%), primary care physicians (16.0%) and pulmonologist (12.9%). About fifty-two % stated that they themselves provided device training for the patients.

pMDIs were preferred by 64.8 % of physicians. Only 21.3 % had good general inhaled therapy knowledge (score > 2). Pulmonologists were higher than other specialty groups to have good knowledge (66.7 %), while pediatricians were the lowest (8.3%).

**Conclusion:** Prescription and knowledge among physicians, regarding the inhalation therapy, and the correct use of inhalers varies between Pulmonologist & non- Pulmonologists and is generally inadequate. More effort is needed to change the attitude of the physicians toward the concept of inhalation therapy.