



اللجنة العلمية الدائمة للتمريض
استمارة ملخص بحث بواسطة المتقدم

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عنوان البحث باللغة الانجليزية:

**Effectiveness of Puerperal Sepsis Self- Care Guideline on
Women's Health during Pueriperium**

عنوان البحث باللغة العربية:

تأثير ارشادات العناية الذاتية لحمى النفاس على صحة المرأة أثناء فترة النفاس

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ملخص البحث باللغة الانجليزية

English abstract:

Background: Puerperal infection contributes to increase morbidity and mortality, unfortunately any bacterial infection of female genital tract struggling to the process of childbirth and birth. **Aim of the study** to assess knowledge and practice of postnatal mothers toward prevention of puerperal sepsis, and evaluate the effectiveness of self-care guidelines of postnatal mothers. **Methods:** Quasi-experimental pre-post test was conducted on (100) primiparous and multiparous, at the Beni- Suef general hospital. **Tool :** Data were collected using a structured interview questionnaire, A self-care learning package was developed and implemented by the researcher, the study was conducted from October 2015 to March 2016. **Results:** The results have shown that the great majority of the studied women



had poor score of knowledge related to the definition, causes, symptom, preventive measures and high risk group in pretest (96.0%) respectively. Meanwhile, these percentage changed to be adequate level of knowledge in the posttest after receiving the program to (85.0%) with a highly statistical significant differences respectively (P. =0.000). furthermore, nearly half to two thirds of study sample were always commitment with guidelines. **Conclusion:** The postnatal mothers who received and complied with the guidelines regarding puerperal sepsis and its prevention had high knowledge and practices score in the post-test of the intervention program than in pre-test. **Recommendations:** Further extensive and intensive researches are needed in this area with a large sample size.

Keywords: pueriperium, puerperal sepsis, self- care guideline