

## **Effect of Exposure to Sexually Explicit Material upon Baccalaureate Male Nursing Students' Sexual Health**

### **Abstract**

Sexually explicit materials (SEM) including movies and photo may play a key role in the lives of youth and it contributed to changing the terrain of human sexuality in both positive and negative ways. A **descriptive** study carried out at both faculties of Nursing, Ain Shams and Fayoum University. The study started at beginning of October 2012 and completed at beginning of October 2013. **Aim of the study:** was to study the effect of exposure to sexually explicit material upon baccalaureate male nursing students' sexual health. A **convenient** sample technique was used, (412outof 480) male students who agreed to be enrolled in the study throughout the four levels in academic year 2012-2013. **Web based structured questionnaire** was used as a tool for data collection. **Results:** revealed that 55.4% and 57.9% of the studied students at Ain Shams and Fayoum University their age ranged between 18-19 years respectively. In addition, 64.9%, 63.2% of the studied students in both faculties were exposed to SEM intentionally. Moreover, 38.4% and 38.9% of the studied students in both faculties were exposed to SEM more than five times. Furthermore, 63.2% and 67.6% of the studied students in both faculties reported that exposure to SEM was beneficial for them. As, 70.8% and 70.7% of the studied students in both faculties reported that gain knowledge about sexuality consider as the most benefit of exposure to SEM. On the other hand, 82.8% and 83.3% of the studied students reported that the most common sexual harm was self-doubt about sexual ability. **Conclusion and recommendations:** based on the study findings, it was concluded that exposure of baccalaureate male nursing students' to SEM had beneficial and harmful effect upon their sexual health. The main benefit from student's point of view was gain knowledge about sexuality. In contrast, the sexual harm from exposure to SEM was self-doubt about the sexual ability. So, depending on the study finding, **the researchers recommended that:** integrate the concept of male sexual health as an important part of undergraduate nursing curriculum. Developing comprehensive awareness programs for baccalaureate male nursing students' about use of SEM.