

# **Effectiveness of Saline Dressing on Episiotomy Wound Healing**

## **Thesis**

Submitted for partial fulfillment of the Doctorate Degree  
in Nursing  
**(Maternity-Neonatal Nursing)**

**By**

**Rasha Gomaa Ahmed Mohamed**

(B.Sc in Nursing 2005)

Assistant Lecturer in Obstetric &Gynecological Nursing  
Faculty of Nursing /Fayoum University

**Faculty of Nursing  
Ain shams University  
(2016)**

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Under Supervision of

**Prof. Dr. Safaa Abd EL Raof Hashem**

Professor of Maternity & Neonatal Nursing  
Faculty of Nursing – Ain Shams University

**Prof. Dr. Hesham Mahmoud Mohamed**

Professor of Maternity & Gynecology  
Faculty of Medicine – Ain Shams University

**Ass. Prof. Randa Mohamed**

Assistant Professor of Maternity & Neonatal Nursing  
Faculty of Nursing – Ain Shams University

**Dr. Rania AbdElhakEaidfarrag**

Lecturer of Maternity & Neonatal Nursing  
Faculty of Nursing – Fayoum University

Faculty of Nursing  
Ain shams University

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## **ABSTRACT**

The current study aims to study the effectiveness of saline dressing on episiotomy wound healing. **A Quasi experimental study** included **a Simple random sample of 160** postnatal women (80 mothers used saline dressing and 80 mothers used Natural routine care who had normal vaginal delivery with episiotomy from Ain Shams University Maternity Hospital. **Three tools** were used for data collection; structured-interviewing questionnaire sheet, Standardized REEDA scale and Visual Analogue Scale. **The results revealed that** Normal saline had a positive effect on the healing of episiotomy wound among postnatal mothers in form of lower REEDA scale score and pain scores VAS. **The study recommended** that Educational session to increase women awareness about use of normal saline after episiotomy in form of leaflet or counseling session should be adopted, Integrate the saline dressing as a main part in discharge plan **further researches** to replicate the study on large sample to determine the factors affecting episiotomy wound healing should be applied.

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**Key words:** Episiotomy, saline dressing, postnatal.