



Quality of Life for Patients with Liver Cirrhosis at Mansoura Hospitals

Thesis

**For the partial fulfillment of the requirement of the master
Degree in nursing science (Medical-Surgical Nursing)**

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Abstract

Chronic liver disease especially liver cirrhosis is one of the medical problems that substantially reduce the quality of life of patients. **The aim** of the present study was to assess quality of life for patients with liver cirrhosis. **Research design** used was Descriptive and exploratory study. **The sample** consisted of 100 patients with liver cirrhosis in the medical units at Mansoura University Hospital and Specialized Medical Hospital. **Two tools were used to collect data,** 1) Questionnaire interview sheet to assess patient condition, 2) Quality of Life Scale. **The results** of the present study concluded that the highest poor quality of life was for Psychological Wellbeing (93%), followed by Spiritual wellbeing (86%), and socioeconomic status 82%, with highly significant relation between patients' Child-Pugh and spiritual wellbeing, total quality of life scoring, socioeconomic status, and psychological wellbeing. **The study recommended** that an educational programme should be conducted to improve quality of life for patient with liver cirrhosis.

Keywords: Liver Cirrhosis, Quality of Life, Child-Pugh.