

Enhancement of Coping Strategies (Intervention Protocol) Among Parent Having Children with Conduct Disorders

Thesis

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ABSTRACT

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Conduct disorder is a repetitive and persistent pattern of behavior in children and adolescents in which the rights of others or basic social rules are violated. These studies aimed at enhancing the coping strategies among parents having children with conduct disorders. **The sample consisted** of 40 parents having children with conduct disorders. The study was carried out at Child Psychiatry outpatient clinic Institute of Psychiatry, Ain Shams University Hospitals. **Tools used for data collection included:** 1) Interview questionnaire sheets that include sociodemographic data for both children and their parents, and practices of parents toward their children, 2) Parent's locus of coping scale to assess the coping responses of the respondents to different sources of stress, 3) Parenting sense of competence scale to measure parenting self efficacy, 4) Parental shame scale to measure the shame that a parent experiences about his or her own conduct child's externalizing behaviors, 5) child Behavior Checklist (CBCL) scale of specific behavior. **The main results** showed that, there was general improvement of the levels of parent's knowledge, practices, competence and coping patterns towards their children conduct disorders after implementation of the intervention protocol compared to before with statistically significant differences. **The study recommended** implementing the present intervention protocol to the attendant parents accompanying their children having conduct disorder at the Outpatient Clinic Institute of Psychiatry Ain Shams University.- An orientation program should be carried out in order to increase public health awareness about the conduct disorder.-Further research is to be undertaken for parents, that emphasizes on assertive training to deal with their conduct disorder children and how to provide them opportunities for enhancing learning potentials.

Key words: Conduct disorder, enhancement, intervention protocol, coping strategies.